

Sexual Health in Practice (SHIP) training is interactive, practical & peer-led training in sexual health, appropriate for all GPs, not just for those with a particular interest.

Did you know that...

- Lewisham has some of the highest HIV and STI prevalence rates in the UK
- 66% of people would prefer to use their GP for sexual health services¹ but GPs and practice nurses report numerous barriers to offering HIV and STI tests
- Missed opportunities to diagnose HIV and other STIs have major health implications, including significantly increased mortality rates for HIV²

Why is SHIP training relevant to YOU?

- Do you want to learn quick simple strategies to assess your patients' sexual health risk?
- Find out why the use of speculae is plummeting!
- Are you all too aware of the reasons NOT to offer an HIV test?
- Do you worry about how to bring up the topic out of the blue?

SHIP training has been shown to change clinical practice and improve sexual health outcomes for patients^{2,3}. The sessions were designed and taught by GPs, who understand the complexities, challenges and pragmatic approach of general practice. The content is based on the latest available evidence, and is tailored for the GP setting. We will help you become confident in sexual health risk assessment and make meaningful changes to your clinical practice!

Participant feedback

'Pitched at exactly the right level... Honestly an excellent course - good balance of theory & practical'

'The best training we've had for years. More updates please'

'Interactive, engaging, interesting. Excellent resources'

'One of the best lectures I have had the privilege to attend. Once again very impressive'

'This is a brilliantly thought through training'

'Brilliant course will change my practice!'

June 2019 sessions for GPs

Session 1: Key issues in sexual health

- Sexual health risk assessment
- Practice assessing sexual health risk
- Resources to take back to your surgery

Thursday 20 June

1pm - 5pm

(Lunch 12:30pm)

Olive Room, University
Lewisham Hospital

Session 2: HIV and viral hepatitis update

- Up-to-date evidence of national and local trends
- Evidence of the advantages of diagnosing HIV & viral hepatitis in the GP setting
- Support for 'normalising' HIV and viral hepatitis testing in primary care

Thursday 11 July

1pm - 5pm

(Lunch 12:30pm)

Location to be announced

To fully utilise the learning opportunities of the course it's essential that participants attend session 1 before attending session 2

Please contact clinicallead@shiptraining.org.uk with any queries.

References:

1. <http://fingertips.phe.org.uk/profile/sexualhealth/data#page/0>
2. Burns et al. (2008) Missed opportunities for earlier HIV diagnosis within primary and secondary healthcare settings in the UK
3. <https://www.nice.org.uk/sharedlearning/sexual-health-in-practice-training-increases-hiv-testing-in-primary-care>
4. Pillay TD, Mullineux J, Smith CJ, et al. Unlocking the potential: longitudinal audit finds multifaceted education for general practice increases HIV testing and diagnosis. *Sexually transmitted infections* 2013;89(3):191-6. <https://doi:10.1136/sextrans-2012-050655>
5. Pillay K, Gardner M, Gould A, et al, Long term effect of primary health care training on HIV testing: A quasi-experimental evaluation of the SHIP intervention. *PLOS-one* 2018 <https://doi.org/10.1371/journal.pone.0199891>